

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services
Career Counseling/Cognitive Skills Training

Abundant Life Therapeutic Services
260 North Sam Houston Pkwy E #350
Houston, TX 77060
832-300-8680
<http://abundantlifets.com/texas/>
Child/Adolescents/Families
Medicaid

Achieve Balance
Kate Walker, Ph.D., LPC, LMFT Supervisor
Amber, Office Manager
9595 Six Pines Dr. Suite 8210
The Woodlands, TX 77380
936-697-2822
Adolescent/Adult/Child/Family
Cash Only
www.achievebalance.org
info@achievebalance.org

Adrienne Armstrong, MS, LPC, LMFT
21021 Springbrook Plaza Drive, suite 3175
Spring, TX 77379
281.381.6114
Secondary trauma survivors, blended/alternative family systems
Insurance, Sliding scale
www.greaterhoustoncounselingservices.com

Akay-Sullivan Child and Adolescent Counseling
Sinem Akay-Sullivan, PhD, LPC-S, and RPT (registered play therapist)
2219 Sawdust Rd. Suite 1101
The Woodlands, TX. 77380
936.337.8068
www.counselingandplaytherapy.com
sinem.akay@live.com
Child/Adolescent/Family
Play therapy/Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)/Sandtray/Expressive Arts
Cash/sliding scale

Allied Counseling Associates of Conroe
James Patterson, LCDC
5453 Hwy. 105 Ste201
Conroe, TX 77304
936-828-3908
Adult/Family, Bilingual
Substance abuse/chemical dependency/addictions/alcoholism
Cash/Insurance

Ann's Place
Kate Walker, David Walker, LPC-s, LMFT-S
Amber, Office Manager
24900 Pitkin, Suite 105
Springs, TX 77380
936-697-2822
Child, Adult, Adolescent, Family, Bilingual
Sliding Scale
www.annsplacetexas.org

Better Life Wellness Center
Courtney Padden, MS, LMFT Assoc., LPC-S.
Lisa Ford, Life Coach
15260 Hwy. 105 W. Ste. 230-G
Montgomery, TX 77356
936.727.1104 (Courtney)
936.900.8469 (Lisa)
Child, Adolescent, Adult, Family
Cash
courtney@betterlifewellnesscenter.com
lisa@betterlifewellnesscenter.com
www.betterlifewellnesscenter.com

Beyond Your Best Counseling
Pamela F. Ball, LCDC
26990 Budde Road, Site B200
The Woodlands, TX 77380
936.900.8566
www.beyondyourbestcounseling.com
pamela@beyondyourbestcounseling.com
Adolescent/Family/Bilingual
Addiction, Co-Dependency
Sliding scale

Margaret Hood Black & Associates PC
Margaret H. Black, MA, LPC - S
1960 at 2 49
PO Box 5731
Kingwood, TX 77325
713.562.7819
www.margarethoodblack.com
mblack@margarethoodblack.com
Child/Adolescent/Adult/Family
Oppositional Teenage boys; cutters/parenting/ADHD
Sliding Scale/Cash Only

Lois Thomson Bowersock & Associates, LLC
Lois Thomson, MA, LCDC, ADCIII, ICADC, CETIII
1733 Woodstead Court Suite 101
The Woodlands, TX 77380
281.419.5255
Adult, Adolescent, Family
Parent/teen issues/teen substance use/abuse counseling/problem behavior/eating disorder/parent co-dependency and/or substance use/family problems/parent coaching & parent skills/support for teen recovery
Cash/Credit Cards
lois@parentscoach.com
www.loisbowersock.com

John Bracken
26613 Oak Ridge Dr., Suite C
The Woodlands, TX 77380
936-525-9238
Child, Adolescent, Family
Anxiety, Depression, Oppositional Defiant
Cash only
Jfbracken105@gmail.com

Champion Christian Counseling
Catherine Lunde, LPC-I
333 S. Cherry St.
Tomball, TX 77375
281-357-4111
www.cccctomball.com
Adolescent, Adult, Family.
ADHD, Autism/Asperger's, Parenting, Anxiety, Learning Disabilities
Sliding scale

Christian Life Counseling
Carlos Calderon, LPC-S
Board Certified Professional Christian Counselor, EMDR Therapist
25602 Oakhurst Dr.
Springs, TX 77386
281-419-2323
Child/Adolescent/Adult/Family/Female issues/Abuse & Trauma/Parenting ADHD/Special Education
concerns
Bilingual
carlos.calderon@christianlifecounseling.com
www.clc1.biz
Sliding scale/Cash

Connect Psychological Services, PLLC
James G. Ryan, PsyD. BCBA-D, LSSP
Joy Ryan, MA, LPC
Kelley Cole, M.ED., LPC, RPT-S
Derek G. Prins, MA, LPC
26205 Oakridge Dr. Ste 103
The Woodlands, Texas 77380
832-534-3993
Child, Adolescent, Adult, Family
Psychological evaluations and treatment, Registered Play Therapist, Behavior Management Training, CBT
Insurance: Cash Only, Sliding Scale
www.connectps.org

Connect 2 Counseling
Sally E. James, LPC, NCC
504 Spring Hill Drive, Suite 360
The Woodlands, TX 77386
281-536-9223
Child/Adolescent/Adult/Family
Play Therapy/Grief/Trauma
Insurance
sally@connect2counseling.com
www.connect2counseling.com

Cornerstone Outreach - The Woodlands
Elizabeth Milligan
1619 Castle Ct.
Houston, TX 77006
Adolescent, Adult, Family
Recovery community, group therapy, individual and family
Sliding Scale, Insurance (out of network)
Elizabeth@csteamcounseling.com

Conroe Professional Counseling
Celeste Chaparro-Johnson, LPC
336 ½ N. Main St. Suite C
Conroe, TX 77301
936.444.5835
Registered Play Therapist
Child/adolescent/family/adult
Divorce/blended-families/trauma, loss/child & teen depression, anxiety, play therapy
Sliding scale/insurance – BCBS TX PPO.
cjohnsonlpc@gmail.com
www.conroeprofessionalcounseling.com

Counseling and Coaching in the Woodlands
Kathleen Harmatuk-Swisher, M.S., L.P.C.
250 Ed English Dr. Bldg. 3, Suite B
Shenandoah, TX. 77385
936.520.3597
kathleen@counselingandcoachinginthewoodlands.net
Adult/adolescent/family
Depression, anxiety, self-image/self-esteem Issues
Sliding scale, insurance

Counseling Center of Montgomery County
Rebecca Smith, MA, LPC
Denise Brown, LPC
Monica Wendel
Theresa Burbank, MA, LPC
212 Conroe Drive.
Conroe, TX 77301
936-444-3546 or 936-760-1880
Child/Adult/Adolescent/Family
High conflict issues/anger management/divorcing families/custody issues/depression/anxiety/learning disabilities
Insurance/cash Interns at a reduced rate
www.counselingcenterMC.com

Crossroads Christian Counseling Center
Bobby Squire, MA, MS, LPC
2203 Timberloch Place, Suite 211
The Woodlands, TX 77380
281-364-8806
Adolescent/Adult/Family/Blended Families/Abuse Issues/Impact of Divorce/Sexually Compulsive Behavior/
Addiction Issues/Anger management/Anxiety & Phobic Issues/Depression
Cash Only/Sliding Scale
bnsquire@sbcglobal.net

Jason Davis Counseling
Jason Davis, MS, LPC
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX. 77380
281-650-9633
Child/Adult/Adolescent/Family
ADD/ADHD, Stress/Anxiety, Depression
Cash Only
www.jasondavis counseling.com
jason@jasondavis counseling.com

Kelley Dawson, Licensed Professional Counselor
Eating Disorders, Body Image, Anxiety & Depression Specialist
Adolescents & Adults
2323 S. Shepherd Dr., Suite 1012, Houston, TX 77019
281-785-2273
kelley.dawson.counseling@gmail.com
<http://www.kelleydawsoncounseling.com>

Jana Deardorff, MA, LPC
25511 Budde Rd, Suite 1902
The Woodlands, TX 77380
936-446-0212
Adult, Adolescent, Family
Trauma and Self-harm
Insurance
www.janadeardorff.com

Angela Doolittle, LPC
504 Spring Hill Dr., Ste 360
The Woodlands, TX 77386
Adolescent (13+)/Adult
EMDR Therapy (Eye Movement Desensitization and Reprocessing) for PTSD, Anxiety, Stress
Cash, Aetna
www.lpcangela.com / angelad.lpc@gmail.com

Amy Drury, M.A., LPC-I, NCC
Supervised by Kim Fitzgerald, Ph.D., LPC-S, RPT-S
Cypress Trails Counseling
22801 Aldine-Westfield Road
Spring, TX 77373
281-353-2436, Ext. 107
amydrury@swbell.net
www.ctumc.org

Eating Recovery Center
Deborah M. Michel, PhD, CEDS
17350 St. Luke's Way Ste. 220
The Woodlands, TX. 77384
281-465-9229
deborah.michel@EatingRecovery.com

Embrace Your Life Counseling
*Lona Snell, LPC – Intern, CCTP, CART
25301 Borough Park Dr. Suite 105
The Woodlands, TX 77380
832-998-6345

Child, Adolescent, Adult & Family
ADHD, Adolescent issues, Adoption, Anger issues, Anxiety, Asperger, Autism, Bi-polar, Coping Skills,
Depression, Divorce/Blended Families, DMDD, Grief, Self-defeating & Self-harm thoughts, Solution Focused,
Trauma Certified
Cash or Credit Card
www.elevateyourlifecounseling.com
Isnell@counselingmail.com

The Family Connection Counseling Center LLC
Susan Kiefaber, M.A., LFMT Associate, NCC
Supervised by Elizabeth Dawn Thompson, M.A., LMFT-S
346-224-2115
Child/Adult/Adolescent/Family
Marriage and family, parenting/grandparents parenting, ADHD, depression, anxiety, trauma, play therapy
Cash, credit card, checks
www.familyconnectioncounseling.com
susan@familyconnectioncounseling.com

Family Services of Greater Houston
Jenna Gimmler, MS, LPC
1600 Lake Front Circle, Ste 200
The Woodlands, 77380
713-861-4849
Child, Adolescent, Adult, Family
Depression, Anxiety, Grief, Trauma, Parent/Child Conflict, School related Difficulties, Divorce
Sliding scale, Insurance
jgimmler@familyhouston.org
www.familyhouston.org

Family and Youth Institute, LLC
Mary Ann Sartori, ED.D., MA, LPC-S, LCDC-Intern
Parenting, ADHD, Mental Health, Adults, Youth/Adolescents
281-748-0233
Jennifer Burns, M.S., LPC-Intern
Sexual Abuse, Trauma, Mental Health, Adults, Youth/Adolescents
281-748-0233
Denise Garcia, MA, LMFT-S, LPC
Mental Health, Adults, Adolescents/Youth, Couples, Marriage
281-748-0781
Lindsay Gentles, MA, LPC-intern, and NCC.
Body Image and Eating Disorders, Adults, Adolescents, Christian
281-748-0233
Sarah Yerelian, M.S., LPC-Intern
ASD Spectrum and Special Needs, Mental Health, Adults, Youth/Adolescents
282-748-0233
Fernanda Havemann, M. ED, LPC-Intern
Career, ADHD, Mental Health, Adults, Youth/Adolescents
Spanish and Portuguese Speaker
281-748-0233
Amanda Normintom, M.A., LPC-Intern
ASD Spectrum, Special Needs, Adults, Youth/Adolescents
*Laura Henderson, MEd, LPC
Mental Health, School Issues, Adults, Couples, Youth/Adolescent, Christian
281-748-0233
*Connie Hoagland, MEd, LPC
Mental Health, School Issues,

Adults, Couples, Youth/Adolescents, Christian
271-748-0233

Amanda Koenig-Reed, MA, LMFT
Mental Health, Marriage, Adults, Youth/Adolescents, Couples
281-748-0233

25511 Budde Rd., Bentley Bldg. Suite 1902
The Woodlands, TX 77381
281-719-5539

familyandyouthinstitute.com

Child/Adolescent/Adult/Family

Child & Adolescent Behavior/Anxiety/Depression/Family Issues/ODD/Behavior

Modification/Couples/Phobias/Christian Counseling/Women's Issues/Marriage and Family/foster
care/adoption/ODD/ADHD/Autism, Perinatal Mood Disorders

Cash/Check/Visa/MC/AmEx/Comp Psych

Family Time Crisis and Counseling Center

Judy Cox, Executive Director

1203 S. Houston Ave.,

Humble, TX 77338

281-446-2615

Adult/Family/Child/Adolescent

Bilingual

Victims of Abuse

Sliding Scale/Free for victims

Elizabeth A. Felthous, LPC

431 Nursery Road, Suite A-500

The Woodlands, TX 77380

936.445.7816

Child/Adolescent/Adult/Family

Pet Assisted Therapy, ADHD, Foster Children

Cash/Insurance/Medicaid

Forever Faithful Ministries- Equine Assisted Psychotherapy

Teri Matter, BA

Kathleen Keene, MS, NCSP, PhD in School Psychology

13955 Lake Mount Pleasant

Montgomery, TX 77356

936.597.4200

forever_faithful7@yahoo.com

www.foreverfaithfulministries.com

Child, Adolescent, Adult, Family

Social & Emotional Behavior Difficulty, ADHD, Family, Consulting

Cash only

Grace Point Counseling Center

Susan C. Jones, Exec. Director, MA, CRC, LMFT, LMFT-S

Mary Causey, PhD, LPC-S, RTP-S

Patricia Fairhurst, EdS, MEd, CRC, CCM, LPC

Annie Jones, PhD., LPC

Margie Jordan, MA, LPC, LMFT

Ashley Shell, LMFT, LPC

Dana Futrell, MA, LPC

Cynthia Martinez, LMFT-Associate

9201 Grogan's Mill Rd

The Woodlands, TX 77380

281-466-8602

Adult, Adolescent/Child/Family

Sliding Scale

Trauma, Abuse, Step-Parenting, Marriage & Family, Play Therapy, Emotionally Focused Therapy, Social Skills, Asperger's, People with Disabilities (Special Needs), Cultural issues, Women's Issues
www.gracepointcenter.com

Grace Psychological Services, PLLC

Dr. Gracie Reyes-McDonald, PhD., LSSP

Dr. Dana Kelly, Ph.D., LSSP

Dr. Kennetha Frye, PhD., LSSP – BCBS PPO

Catalina Eljure, LPC-S, LMFT

2002 Timberloch Place, Ste. 200

The Woodlands, TX 77380

281-815-0899

Child/Adolescent/Adult/Family Bilingual (Ages 2-26)

Dyslexia, Autism, ADHD, Anxiety, Depression, Learning Disability, Psychological Evaluations

Check/Credit Card

www.gracepsychological.com

Richard H. Hodgins, MA, LPC

2002 Timberloch Place Suite 200

Spring, TX 77380

Adult, Adolescent, Family

PTSD, Bipolar, ADD/ADHD

Insurance/Sliding Scale

RHodgin106@aol.com

Interfaith of the Woodlands Counseling Center

Janet M. Hofer, LPC, CEAP, SAP

2204 Timberloch Place, Suite 100

The Woodlands, TX 77380

281-363-1633

Adolescent/Adult/Family Child/Bilingual

Cash/Insurance/Sliding Scale

Haley Way Counseling

Haley Way, LPC, NCC

8508 Technology Forest Place, Suite 1001

The Woodlands, TX 77381

832.592.7 438

HaleyWayCounseling@gmail.com

Adult/Adolescent

Self-esteem/anxiety/confidence guiding/career counseling/job search services/grief & loss/individual counseling about family/relationship issues

Sliding Scale

Cash/Check/Credit Card

Houston Behavioral Healthcare Hospital

Laura Morais

2801 Gessner Road

Houston, TX 77080

832-834-7710

Inpatient/Outpatient facility

Adults/Teens & Starting in January 2018 (4 years and up unit)

Hunter Kennedy PsyD, LPC-S
25310 Borough Park Dr. Ste 235
The Woodlands, TX 77380
281-701-9220
hunterkennedy@msn.com
Adult/Adolescent/Family
Emotional disturbance, risky behavior, family systems
Cash only

Joyspring Counseling
Ruth E. Stitt, MS, LPCS
15001 Walden Rd. Ste 235
Montgomery, TX 77356
832-922-2928
Joyspringcounseling@yahoo.com
Adolescents, Adults, Couples
Anxiety, Depression, Relationships
Pastoral/Spiritual, Grief, Trauma,
CISM
LPC Supervision
Cash/Insurance

Kingwood Counseling & Play Therapy
Amy Rising-Langdon, LPC-I, EMDR trained
2665 Royal Forest Dr.
Kingwood, TX 77339
832-797-5515
Child/Adolescent/Adult/Family
Trauma, Autism, Play Therapy
Sliding scale (call for details)
www.risingcounseling.com

Knapick Therapies. LMFT
6265 Hwy. 105, Suite 103
Conroe, TX 77304
936.597.9359
www.knapicktherapies.com
robert@knapicktherapies.com
Adult, Adolescent/Family
Dual Diagnosis, Groups (Eco-Therapy – camping, wilderness survival, wilderness first aid and outdoor
adventure).
Traditional Medicaid, Aetna, Cigna, Magellan, Texas Children's Insurance. Some free, cash \$25 groups

Lake Conroe Counseling Center, PLLC
Amy R. Dean, M.A., LMFT
15001 Walden Rd, Suite 235
Montgomery, TX 77356
936.449.8053
adean@lakeconroecounseling.com
www.lakeconroecounseling.com
Child, Adolescent, Adult, Family
Play Therapy, Repatriation and Third Culture Kids, Grief and Loss
Cash only

Learning Rx
Lisa Branch
10857 Kuykendahl, Suite 240
The Woodlands, TX 77382

832.482.3082
COGNITIVE TRAINING for Improved Learning
Child/Adolescent/Adult
DHD, ADD, Dyslexia, Reading or Math struggles, TBI
Cash/Credit Card
lbranch@learningrx.net

The Light within Counseling Services
Jacqueline Sim, LMFT Associate/M.A. Clinical Psychology
4331 Brightwood Dr., Ste 201
Houston, TX 77068
832-819-5753
jacqueline.sim281@gmail.com
Cash only, sliding scale
Pregnant/postpartum adjustment and mood disorders, self-esteem, perfectionism issues

Memorial Hermann Prevention and Recovery Center (PaRC)
Memorial Hermann Prevention and Recovery Center (PaRC)
Contact:
Amber Johnson-Cell (936)-697-3325
3043 Gessner
Houston TX 77080
Admissions/inquiries 713-939-7272
www.parc.memorialhermann.org
Services Offered:
Free Assessments for Adolescents
Drug and Alcohol assessments and treatment; detox, residential, partial, outpatient and aftercare
Locations: The Woodlands, Cypress, Katy, Clear Lake, Pearland, Sugarland, Baytown, Dickinson, Gessner, Austin and San Antonio www.parc.memorialhermann.org

Mind Over Matters Counseling Solutions
Rosanne C. Juarez, LPC-S & Sports Psychology Certified
2219 Sawdust rd. Suite 1101
The Woodlands, TX 77380
832-766-0995
rjuarezcounsels@gmail.com
www.mindovermattersolutions.com
Adolescent, Adult, Family
Sliding scale, Insurance, Medicaid
Depression, Anxiety, Sport and Psychology

Mission Wellness Centers
Dr. Shaun Lester, PhD., LPC-S
2219 Sawdust, Ste 1303
The Woodlands, TX. 77380
936.900.5921 or 713.292.4647
Child/Adolescent/Adult/Family
Conduct issues/depression/anxiety/drug abuse/gender issues/social skills/ADHD/grandparents parenting
Cash only, sliding scale
http://missionwellnesscenters.com
shaun.lester@missionwellnesscenters.com

John H. Morris, LMSW, ACP, LMFT
John Morris
3400 Bissonnet, Suite 270
Houston, TX 77005

713-717-5511
Adolescent/Family Child/Adult
Sliding Scale/Cash
jmo2320@aol.com

New Clarity Counseling
Dave Waxler, MA, LPC
26314 Oak Ridge Dr.
The Woodlands, TX 77380
832-510-0488
Child, Adolescent, Adult & Family
ADHD, Anxiety, Grief, Depression, Suicide, Self-Harm, LGBTQ, Divorce, Trauma
Cash Only and Sliding Scale
www.Newclaritycounseling.com
newclaritycounseling@gmail.com

New Day Family Counseling
Stephanie Walsh, LPC, NCC
26205 Oak Ridge Dr.
The Woodlands, TX 77380
281-301-1843
Family/Child/Parenting/Play therapy/EMDR/Trauma
Cash, Medicaid
www.ndfcounseling.com

New Dimensions Day Hospital of the Woodlands
Rebecca Rucker, MA, LPC-S, LMFT
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
800-685-9796
Outpatient Adolescent/Adult/Family
Insurance
www.newdimensionsdayhospital.com

Daniel P. Osborn, MA, LPC
701 N. Loop 336E. Suite 106
Conroe, TX 77301
832-515-5536
Counseling and Assessment Services/Psychological Assessments
dannynosborn@hotmail.com

1:P410 Mind & Performance
Bill Arend
Adrienne Langelier
8101 Kuykendahl Rd. Ste. 100
The Woodlands, TX 77382
832-791-5952
Athletes, eating disorders, anxiety, concussions
Cash, Credit and packages
www.1p410sports.com
bill.arend@1P410sports.com
adrienne@1P410sports.com

Palmer Drug Abuse Program

Danielle Lutz, Ed.D. - Executive director
Gloria Vela, LCDC - Spanish program director
Three Memorial City Plaza, 840 Gessner, Suite 1300
Houston, TX. 77024
713.589.4832 or 713.306.0187 (Spanish)
Alternative peer group, support group, individual and family counseling
www.pdaphouston.org

Julie Parkin, MS, LMFT
26113 Oakridge Dr., Suite C
The Woodlands, TX 77380
281-221-7543
Child, Adult, Adolescent, Family
Life transitions: Fertility, pregnancy loss, teen pregnancy, infertility, adoption, military families, grief and loss, third party reproduction, egg/sperm donor, gestational carrier (surrogate). Monthly fertility support group (free of charge).
Cash, credit cards, sliding scale
www.julieparkin.com
julie@julieparkin.com

David Parmer Counseling, LLC
David Parmer, MA, LPC
26113 Oak Ridge Drive, Suite C,
The Woodlands 77380
281-907-1314
Adolescent, Adult, Family
Depression, Anxiety, ADD, ODD and OCD
Insurance - Aetna, Value Options, Magellan & PHCs
www.lifecangetbetter.com
parmercounseling@gmail.com

Jon Picker, LPC, LCDC, LMFT
326 Noble St
Spring, TX 77373
281.583.0112
Adult, Adolescent, Family
Chemical Dependency, depression, anxiety, art therapy
Insurance
www.creativetherapycenter.com

Monica Morales Polonyi, Ph.D., LPC-S, EMDR Trained
250 Ed English Drive, Bldg. 3, Suite B
The Woodlands, TX 77385-8020
832-998-0028
Child, Adolescent, Adult, Family, Bilingual
Private Pay/Cash only
Christian Counseling, Complex Trauma/PTSD, Mood and Anxiety Disorders, Life Transitions, Eating Disorders
info@drpolonyi.com
<http://www.drpolonyi.com>

Prevail Counseling & Forensic Mental Health Consulting, P.C.
Stephanie J. Kosut, LPC-S, M.A.
3421 W. Davis St., Ste. 220
Conroe, TX 77304
936-443-9629
sjk_lpc@live.com
ADHD Testing/Psych Educational Testing, Child, Adolescence and Adult Therapy

Insurance

Right Steps Conroe
James Patterson, LCDC
704 North Thompson Ste 170
Conroe, TX 77301
936-828-3908
Adult/Family
Bilingual
Substance abuse/chemical dependency/addictions/alcoholism
Cash/Insurance

Red Oak Psychiatry Associates, PA
Lawrence D. Ginsberg, MD
17115 Red Oak Drive, Suite 109
Houston, TX 77090
281-893-4111
Adolescent/Adult/Child/Family
Psychopharmacology
Cash/Insurance
www.redoakpsychiatry.com

Refuge Trauma & Counseling Center
Shannon Brown, LPC, LCDC
Sarah Pate, LPC-I
Trisha D. Broadright, LPC-I
3513 No. Frazier St.
Conroe, TX 77303
936.648.5379
Trauma, crisis, managing ADHD, parent-child relationships
Sliding Scale/Cash/Insurance
www.refugetraumacenter.com
shannon@refugetraumacenter.com
sarah@refugetraumacenter.com
trisha@refugetraumacenter.com

Restoring Counseling
Alyssa Meyers, MA, LPC (EMDR trained)
250 Ed. English Drive, Building 3, Suite B5
Shenandoah, TX 77385
936.203.1772
alyssa@restorationcounsel.com
Depression, Anxiety, PTSD
Cash only

Terri Rosenthal, LMFT
19782 Hwy. 105 W. Suite 122
Montgomery, TX 77356
936.494.8771
936.582.4555 (for appt.)
Behavioral Intervention/ADHD/Asperger's
Sliding Scale/Cash/Insurance

Sentido Center, LLC
Nova Beltran, MS, LPC
EMDR Certified Therapist
Hakomi (Mindfulness-Based Somatic Psychotherapy) Trained
Specializing in Trauma, Eating Disorders, Spirituality, and Personal Growth

15200 Southwest Freeway, Suite 266
Sugar Land, TX 77478
832-724-1902
Cash only, sliding scale
www.novabeltran.com
nova@novabeltran.com

Shekinah Ranch of Texas
Melanie Irby
11173 Crockett Martin Rd.
Conroe, TX 77306
713-875-6009
MENTORING using animal interaction/riding to provide a bridge to reaching emotional issues
\$20 or donations of feed or hay
Child, Adolescent, Adult, Family
www.shekinahranchtx.com / hello@shekinahranchtx.com / mjirby0612@gmail.com
SHSU Jack Staggs Counseling Clinic
Rich Bruhn, EdD
3380 College Park Drive OR 1932 Bobby K. Marks Dr.
The Woodlands, TX 77384 Huntsville, TX 77341
936.496.5012 936.294.1121
Child/Adolescent/Adult/Family – FREE

Spring Grove Counseling
Kimberley Buckner-Manley, LPC
Sarah Dunn, MA, LPC
Heidi C. Grover, LPC
Veronica Funke, LCSW
Teresa Mohr, LMFT, RPT
7109 FM 2920 Rd., Suite 600
Spring, TX 77379
281.205.8786
Therapists@springgrovecounseling.net
www.springgrovecounseling.net
Child, Adolescent, Adult, Family, Bilingual Play therapy, substance abuse, trauma/abuse/neglect; infant
mental health; Adolescents w/illegal sexual behavior, Trauma, Expressive Art
Flexible hours
Sliding scale, cash, accepts most insurance

Summit Counseling PLLC
Mark Crowe, MEd, LPC
295 Sawdust Road
The Woodlands, TX 77380
440.212.3643
www.seethesummit.com
markcrowe@seethesummit.com
Adult, Adolescent, Family
Depression, Anxiety, Divorce, Grief and Loss, Adolescent Issues
Cash only

Theresa Steltzlen, LPC
2202 Timberloch Pl. Suite 120
The Woodlands, TX 77380
281.419.1959
Adolescent/Child/Adult/Family
Asperger's/Autism/Anxiety/Behavioral Issues

Insurance

Teen & Family Services

George Youngblood, LCDC, ADCIII, CCS
1733 Woodstead Ct. Ste 102
The Woodlands, TX 77380
93376 Katy Fwy.
Houston, TX 77024
713-464-3950
Substance Abuse/Adolescent/Family
Sliding Scale

The Woodlands Behavioral Health & Wellness Center (ADD Wellness Group)

111 Vision Park Blvd. Ste 250
The Woodlands, TX 77384
281-528-4226
CS@addwoodlands.com
Child, Adult, Adolescent, Family
www.addwoodlands.com
ADHD/Anxiety/Depression/Autism Spectrum/Substance Abuse/Oppositional Defiance/Conduct Disorder
Cash only

The Woodlands Center for Families, PLLC

Dana Hahn, MS, LPC-S, LMFT-S
2203 Timberloch Pl., Suite 100
The Woodlands, TX 77380
832-702-7590
www.thewoodlandscenterforfamilies.com
Adolescent, Adult, Family
Dialectical Behavioral Therapy, Gottman Couples Therapy, Adult & Adolescent Skills Classes (12 and up)
Cash, Insurance (Beacon Health Options)

Cindy Thornby, MA, LPC

25301 Borough Park Dr. #121
The Woodlands, TX 77380
281.755.3561
cindy@creativelifecounseling.com
Child, Adolescent, Adult, Family
Mental/emotional disorders and behavioral problems individual and family therapy.
Cash, Sliding Scale, BCBS, Aetna, Cigna, EAP's and several of the Medicaid
Transcend Counseling

Bridget K. Caletka, LPC, MEd, CAGS, NCC, CCMHC

2219 Sawdust Rd., Suite 1101
The Woodlands, TX 77382
607.237.3938
www.transcend-counseling.com
Child, Adolescent, Adult, Family
Adolescent/Teen Issues, Anxiety, Depression, Serious Mental Illness
Cash only

Kate Turner Counseling, Inc.

Kate Turner, MA, CSC, LPC
240 Noble St., Unit A
Spring, TX. 77373
281-350-1277 or 832-264-6340
Child/Adolescent/Adult/Family

Parenting / as well as raising grandchildren, children/teens with specific needs and /or challenging behaviors

Credit card, cash, check, sliding scale - self pay

www.katedturner.com

kt@katedturner.com

Whitestone Associates

Jan Larkins, LCP-I

26205 Oak Ridge Dr. Ste. 105

Spring, TX 77380

936.828-6838

janclarkins@gmail.com

Child, Adolescent, Adult, Family

Cash only

Woodlands Professional Counseling

David Weir, MA, MS, LPC, NCC

719 Sawdust Rd., Suite 320

The Woodlands, TX 77380

832.454.4454

Adolescent, Adult, Family

Marriage and Family counseling

Cash only

info@woodlandsprofessionalcounseling.com

Woodlands Counseling Association, LLC

Sarah Monakes, PhD, LPC-S, LMFT, RPT

9595 Six Pines Dr. ste. 8210

The Woodlands, TX 77380

832-515-0494

Child, Adolescent, Adult, Family, Bilingual

Couples therapy, play therapy

Cash Only, Insurance

sarah@wca-tx.com

Woodlands Family Institute

Josh Parham, MA, LPC-S

Melissa Engel, LPC, NCC

Stephen Parham, PhD

Joanne Parham, PhD

Lauren Pasqua, PsyD

Lesley Compton, PhD, NCSP

Robyn Fairchild, MSW, LCSW, LPC, LMFT

Theora Noble, MA, LPC, LCSW

Veronique Vaillancourt, MSW, LCSW

Joshua Brown, MA, LPC, RPT

Christina Kranz, MA, LPC, LMFT

Tessa Stuckey, LPC-Intern, NCC

1610 Woodstead Ct. #420

The Woodlands, TX 77380

281-363-4220

Child, Adolescent, Adult, Family

Trauma, Grief and Loss, Teen Pregnancy, General Counseling-related issues. Alcohol/drugs, eating disorders, anxiety, depression, suicide, serious mental illness /family issues/blended families/anxiety/women's issues/psychotic disorders

teddy.noble@woodlandsfamilyinstitute.com

melissajengel@yahoo.com

josh@woodlandsfamilyinstitute.com

veroniquetx@yahoo.com
www.woodlandsfamilyinstitute.com
Cash/Sliding scale (call to set up scale)

Woodlands Family Therapy, PLLC
Christina Kranz, MA, LPC, LMFT
9595 Six Pines, bldg. 8, Suite 8210
The Woodlands, TX 77380
936-537-4797

Parenting, Children, Adolescent, Aggression in teens, trauma, suicide/self-harm, DMDD
christinamkranz@gmail.com

*Also CISD Counselor